



Cumbria NUT Section  
*Working for the  
 Leadership Group*  
[www.nutcumbria.org](http://www.nutcumbria.org)  
[www.teachers.org.uk](http://www.teachers.org.uk)

# Heading it off at the Pass!

Venue: Stoneybeck Inn  
 Nr. Penrith, CA11 8RP

2 day course (20 & 21 February 2018)

(Tuesday & Wednesday)

for Heads, Deputies, Leaders, Governors and H&S Reps

NUT Members: £200      Non-Members: £400



## Mental Health First Aid



Make positive staff & student mental health part of your duty of care.

Let's remove the stigma of mental health issues

**Ann Kay - MHFA Accredited trainer**

### Course Aims:

- To recognise the signs and symptoms of common Mental Health Issues
- To provide help on a First Aid basis
- To learn how to guide towards appropriate support

Enquiries to:

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Allyson Ingall [allyson.ingall@talktalk.net](mailto:allyson.ingall@talktalk.net) 07920 465006

*The majority of teacher don't have adequate training in what to do when a child has a mental health problem: <https://www.theguardian.com/society/2017/sep/21/primary-school->*

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**Stoneybeck Inn - Tuesday 20 & Wednesday 21 February 2018, 9.30 - 4.30**

Please make cheques payable to 'Cumbria NUT' or pay direct to Cumbria Division NUT, Nat West Bank, Barrow

Account Number: 60930926      Sorting Code: 01 00 61      **quoting ref: MHFA and school name**

Please return booking form with payment to: Allyson Ingall via email or to 14 Mint Street, Kendal, Cumbria. LA9 6DS (invoices available on request)

I wish to confirm my booking for \_\_\_\_\_ places      *(please complete delegate details as appropriate below)*

School: \_\_\_\_\_ Email: \_\_\_\_\_ Tel no: \_\_\_\_\_

Name: \_\_\_\_\_ Member  Non-member  Vegetarian  Payment enclosed £ \_\_\_\_\_

Name: \_\_\_\_\_ Member  Non-member  Vegetarian  Payment enclosed £ \_\_\_\_\_